

Autumn Menu 2018/19

	Menu 1	Menu 2	Menu 3
Monday	M Pasta Bolognese G/D/E/W V Tomato Pasta G/D/E/W JP Beans GF Frube GF/D	M Chicken Curry & Rice GF V Veggie Curry & Rice GF JP Cheese GF/D Ice Lolly D/GF	M Sausage Hotpot & Crusty Bread GF V Veggie Hotpot & Crusty Bread GF JP Baked Beans GF Whole Fruit GF
Tuesday	M Garlic Chicken with Vegetable Rice GF V Garlic Quorn with Vegetable Rice GF JP Cheese GF/D Mousse D/G/W	M Sausage with Potato Wedges & Beans GF V Quorn Sausages with Potato Wedges & Beans GF JP Beans GF Frube D/GF	M Chilli & Rice GF V Veggie Chilli & Rice GF JP Tuna Mayo GF/D Flapjack D/W/G
Wednesday	M Roast Chicken, Veg, Yorkshire Pudding, Roast Potatoes & Gravy G/W V Roast Quorn, Veg, Yorkshire Pudding, Roast Potatoes & Gravy G/W JP Tuna GF/D/F Cookie D/G/W	M Roast Gammon, Veg, Yorkshire Pudding Roast Potatoes & Gravy G/P/W V Roast Quorn, Veg, Roast Potatoes & Gravy G/W JP Tuna Mayo GF/D/F Melon Wedge GF	M Roast Chicken, Veg, Yorkshire Pudding, Roast Potatoes & Gravy G/W V Roast Quorn, Veg, Roast Potatoes & Gravy G/W JP Cheese GF/D Melon GF
Thursday	M Pizza & Chips with salad G/D/W V Veggie Pizza & Chips with salad G/D/W P Baked Beans GF Whole Fruit GF	M Turkey Meatballs in Tomato Sauce with Pasta W/G V Tomato Pasta G/D/E/W JP Beans GF/D Carrot Cake W/D/E/G	M Chicken & Bacon Macaroni Cheese & Garlic Bread D/E/W/G V Veggie Macaroni Cheese D/W/G JP Baked Beans GF Jam Sponge D/W/G/E
Friday	M Jumbo Fish Fingers with New Potatoes & Peas F/G/W V Veggie Burger & Salad JP Cheese GF/D Ice Lolly D/GF	M Beef Burger & Salad W/G V Veggie Burger & Salad W/G JP Cheese GF/D Cookies G/W/D	M Fish Cakes with Chips & Peas F/D/E V Veggie Wrap with Chips & Salad G/W JP Tuna Mayo GF/D Frube D/GF

G - Contains Gluten D - Contains Dairy F - Contains Fish GF - Gluten Free W - Contains Wheat E - Contains Egg P - Contains Pork

