



**LONGSPEE**

'Happy, Safe, Progress'

## **PE and Sport at Longspee Academy Plan 2019-2020**

**The total PE/Sport grant for 2018-2019 was £16,290.**

<b>Provision</b>	<b>Frequency</b>	<b>IMPACT</b>
<b>Bespoke Combination Trail into Grass</b>  <b>Consisting of:</b> <ul style="list-style-type: none"><li>• <b>Balance Weave</b></li><li>• <b>Rope Balance</b></li><li>• <b>Log Balance x 4</b></li><li>• <b>Rope Traverse</b></li><li>• <b>Traverse Wall</b></li><li>• <b>Log Crossing</b></li><li>• <b>Overhead Trapeze</b></li></ul>	<b>Daily use in structured and unstructured play</b>  <b>Supports high quality PE lessons at least twice a week</b>	<b>Support OT guidance in accordance with EHCP outcomes for pupils.</b>  <b>100% of pupils achieved their half termly personal fitness targets</b>  <b>Pupils can extend and improve their interactions and safe physical risk taking, developing confidence to participate and challenge themselves – building resilience</b>
<b>Specialist football coach</b>	<b>Weekly football for all pupils</b>	<b>Pupils have improved social skills, improved tolerance and team co-operation skills</b>
<b>Equipment of high quality PE resources/ off site adventure activities</b>	<b>At least twice weekly PE</b>	<b>100% of pupils achieved their half termly personal fitness targets</b>

<b>Health Related Exercise HRE</b>	<b>Across the school</b>	<b>100% of pupils achieved their half termly personal fitness targets</b>  <b>Increased self-control and improved social skills</b>
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